



DAY 1:

# SOUL-SHAKING SOBS

*Song of the Day: "GOD ONLY KNOWS" - FOR KING & COUNTRY*

## Scripture:

PSALM 42:3 (NRSV)

*"My tears have been my food day and night, while people say to me continually, 'Where is your God?'"*

## Sermon Quote:

*"I cry, not just because I'm heartbroken over what I see in the world, but because I'm carrying grief in multiple forms...I cry, not because I've lost faith, but because the weight of it all is real."*

*-Rev. Alicia Clark*

## Devotional:

*There is grief so deep it doesn't whisper—it wails. It steals your appetite, your sleep, even your words. And yet, even in this overwhelming weight, your soul still reaches for God. The psalmist gives you permission to bring your tears into the presence of the Lord. They are not signs of weak faith but evidence that your heart still feels, still hopes, and still believes in the One who sees you.*

## Prayer:

*God, I bring You my tears today—not as weakness but as worship. Catch every one, and cradle me in Your compassion. I need Your nearness more than answers. Amen.*

## Something to Think About:

1. What grief have you tried to carry silently that God is inviting you to share with Him?
2. How have your tears become part of your worship?



DAY 2:

# RAGE IN ARMOR

*Song of the Day:* "DELIVER ME" - DONALD LAWRENCE & LEANDRIA JOHNSON

## Scripture:

EPHESIANS 4:26 (ESV)

*"Be angry and do not sin; do not let the sun go down on your anger."*

## Sermon Quote:

"Pastor Kim reminds us that rage is just grief in armor... Don't get it twisted. This country was far from perfect before—but I don't even recognize what we've become."

-Rev. Alicia Clark

## Devotional:

*What looks like rage is often just deeply rooted grief dressed for battle. You're mourning the erosion of values, the disregard for humanity, and the slow death of compassion in leadership. But Scripture doesn't tell you not to feel anger—it teaches you what to do with it. Let it become fuel for intercession and advocacy, not destruction. Let God turn your unrest into holy resistance.*

## Prayer:

*Lord, You see my anger, my sorrow, and my overwhelm. Don't let them fester into bitterness. Transform them into purpose and prayer. Amen.*

## Something to Think About:

1. In what areas has grief disguised itself as unprocessed anger in your life?
2. How can you turn that anger into something holy and healing?



DAY 3:

# HOLY QUESTIONS

*Song of the Day: "COME JESUS COME" - CeCe Winans*

## Scripture:

MATTHE 27:46 (ESV)

*"And about the ninth hour Jesus cried out with a loud voice, saying, 'Eli, Eli, lema sabachthani?' that is, 'My God, my God, why have you forsaken me?'"*

## Sermon Quote:

*"Let me tell you something. Those questions are holy. The Psalmist asked them. Jesus asked them. And yes, I've asked them too."*

-Rev. Alicia Clark

## Devotional:

*Asking "Where are You, God?" is not rebellion—it's relationship. Even Jesus, hanging between heaven and earth, dared to ask. You are not less holy because you have questions. You are human. God doesn't run from your doubt. He leans into it with empathy. And in those sacred cries, He births a deeper faith—a trust not in outcomes, but in presence.*

## Prayer:

*God, I'm not afraid to ask anymore. Meet me in the uncertainty and whisper peace even if You don't give answers. I trust You with my ache. Amen.*

## Something to Think About:

1. What question are you carrying that you haven't dared to voice before God?
2. How does knowing Jesus also asked "Why?" change your view of your own questions?



DAY 4:

# CRYING IS NOT SURRENDER

Song of the Day: *"NEVER LOST"* - CeCe Winans

## Scripture:

ROMANS 12:21 (NIV)

*"Do not be overcome by evil, but overcome evil with good."*

## Sermon Quote:

*"I cry, but don't you dare mistake my tears for surrender... I cry because I refuse to get used to evil."*

-Rev. Alicia Clark

## Devotional:

*The enemy isn't afraid of your sorrow—he's afraid of your hope. Your tears testify that your heart still beats with justice, mercy, and memory. They show that you haven't gone numb. Refusing to normalize evil is resistance. Cry, but don't stop there. Let lament be your protest, and compassion your war cry.*

## Prayer:

*Lord, let my grief keep me tender and my tears keep me awake. May I never get used to what breaks Your heart. Empower me to overcome evil with Your goodness. Amen.*

## Something to Think About:

1. What have you been tempted to accept as "normal" that God is calling you to challenge?
2. How do your tears reflect your core values and convictions?





DAY 5:

# LAMENT TO STRATEGY

*Song of the Day: "It's WORKING" - WILLIAM MURPHY*

## Scripture:

I SAMUEL 30:6, 8 (NIV)

*"But David found strength in the Lord his God... and David inquired of the Lord, 'Shall I pursue this raiding party? Will I overtake them?' 'Pursue them,' he answered. 'You will certainly overtake them and succeed.'"*

## Sermon Quote:

*"I cry, but don't you dare mistake my tears for surrender... I cry because I refuse to get used to evil."*

-Rev. Alicia Clark

## Devotional:

*Tears don't disqualify you from action. They prepare you for it. David wept—and then he inquired. He didn't deny the pain, but he also didn't dwell in it. God gave him a strategy in the wake of sorrow. What if your next step is hidden in your last sob? After you've cried your eyes out, lift your eyes up. Strategy is coming.*

## Prayer:

*Father, strengthen me in the places where sorrow has weakened me. Give me divine direction after my lament. I'm listening for Your "pursue." Amen.*

## Something to Think About:

1. What is God inviting you to pursue after your weeping season?
2. Where do you need to "inquire of the Lord" instead of rushing to fix things?



DAY 6:

# WE RISE

*Song of the Day: "SPEAK TO THE MOUNTAIN" - CHRIS McCLARNEY*

## Scripture:

ISAIAH 61:1 (NRSV)

*"The spirit of the Lord God is upon me...  
he has sent me to bind up the brokenhearted..."*

## Sermon Quote:

*"We cry, but then we get to work...  
because lament without action is just  
performance. But lament that leads  
to God's purpose— that's where the  
Spirit sets fire to the earth."*

-Rev. Alicia Clark

## Devotional:

*Some laments birth movement. It gives vision, not just venting. Grief is your protest, but purpose is your next step. You rise because God's Spirit is upon you — not because you're strong, but because He is. Your weeping waters something holy. And now the Spirit whispers, "This is the way. Walk in it."*

## Prayer:

*Holy Spirit, set fire to my grief until it burns with purpose. Guide me with truth. Fill me with courage. Let my lament lead to transformation. Amen.*

## Something to Think About:

1. What action is your grief calling you to take today?
2. How can your tears become the foundation for a purpose-driven next step?